The Emergency Survival Program (ESP) is an awareness campaign designed to increase home, neighborhood, business and school emergency preparedness. The Emergency Survival Program (ESP) was developed by the County of Los Angeles Office of Emergency Management.

Are you prepared to survive a major disaster, or other disasters? Earthquake, tsunami, fire, flood, acts of terrorism, or other hazards?

Preparedness is the key!

For Your Emergency Plan

Evacuation

Supplies

Emergency

10 Essentials Items

CHECKLISTS

PREPAREDNESS

Ready for All Hazards with ESP!

www.espfocus.org

Free information is provided regarding recommended monthly actions in the annual ESP Focus Sheets at www.espfocus.org. Other special edition publications are also available.

Preparedness is the key!

Get ready for emergencies. You aren’t ready if disaster catches you unprepared. Join with ESP and get ready for emergencies.

www.espfocus.org

Ready for All Hazards

With ESP!

Los Angeles County Office of Emergency Management

Published by the

Los Angeles County Office of Emergency Management

Preparedness is the key!

With ESP!

Ready for All Hazards

Published by the Los Angeles County Office of Emergency Management

Preparedness is the key!
1. Emergency Supply Kit
2. Out-of-State Contact List
3. Cash and Credit Cards
4. Important Documents
   - Social Security card
   - Driver’s license
   - Passport
   - Medical cards and records
   - Insurance papers, medical
   - Deeds, deeds, small bills and coins, insurance papers
5. Change of Clothing
   - For each family member
6. Baby Items
   - Diapers
   - Formula
   - Food
   - Change of clothing
7. Personal Hygiene Items
   - Toothbrush and toothpaste
   - Shampoo and soap
   - Lotion
   - Deodorant
8. Family Photos
9. Special Needs Items
   - Wheelchair, canes, walkers
   - Medications
   - Hearing aids, extra batteries
10. Pet Care Items
    - Identification and immunizations
    - Food and water
    - Treats and leash
    - Car seat or cage
    - Lead and leash

See www.espfocus.org for more detailed information

10 ESSENTIAL ITEMS

1. Emergency Supply Kit
2. Out-of-State Contact List
3. Cash and Credit Cards
4. Important Documents
   - Social Security card
   - Driver’s license
   - Passport
   - Medical cards and records
   - Insurance papers, medical
   - Deeds, deeds, small bills and coins, insurance papers
5. Change of Clothing
   - For each family member
6. Baby Items
   - Diapers
   - Formula
   - Food
   - Change of clothing
7. Personal Hygiene Items
   - Toothbrush and toothpaste
   - Shampoo and soap
   - Lotion
   - Deodorant
8. Family Photos
9. Special Needs Items
   - Wheelchair, canes, walkers
   - Medications
   - Hearing aids, extra batteries
10. Pet Care Items
    - Identification and immunizations
    - Water and manual

See www.espfocus.org for more detailed information

10 ESSENTIAL SUPPLIES

1. Water (three days to a week)
2. Food (three days to a week)
3. First aid kit and manual
4. Flashlights (and extra batteries)
5. Batteries
6. Radio (and extra batteries)
7. Cash and important documents
8. Clothing and sturdy shoes
9. Extinguishers, sturdy gloves
10. Sanitation and hygiene supplies

See www.espfocus.org for more detailed information

10 ESSENTIAL ACTIONS

1. Learn the threats in your area
2. Identify meeting places
   - Outside of your home
   - Outside of your neighborhood
3. Select your out-of-state contact
4. Know your evacuation routes
   - Outside of your neighborhood
   - Outside of your home
   - Transportation
5. Know the location of utility shut-offs
6. Know the policies of schools, day-care centers
7. Identify safe spots in each room
8. Extra medications
9. Make special provisions for:
   - Children
   - Seniors
   - People with disabilities
   - Pets
   - Non-English speaking
10. Schedule annual disaster drills

See www.espfocus.org for more detailed information